



# Volunteers Needed for Survey on Mutual-Help Groups

*Peer ALternatives for Addiction 2 (PAL2) Study Seeks Participants*

**Have you attended a mutual-help group meeting (in-person or online) for an alcohol problem of your own in the past 30 days?**

If so, you may be eligible to participate in the Peer ALternatives for Addiction 2 (PAL2) Study! This study, funded by the National Institutes of Health (NIH), will generate a deep understanding of the benefits of mutual-help groups for recovery from alcohol addiction. The results should help others experiencing alcohol problems to select, and benefit from, effective peer support groups for recovery.

**You may be eligible to participate if you:**

- Are able to take an online survey in English
- Are 18 years or older
- Are a U.S. resident
- Did NOT participate in the 2015 PAL Study

**Participation Involves:**

- Completing three 30-minute surveys over the next year

**If you qualify and complete all three surveys you will receive \$115 in Amazon gift codes**

**To learn more about the study and how to participate,  
please visit: [www.pal2study.org](http://www.pal2study.org)**